

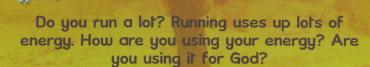


THE RICE

Running is a natural ability that children have.
The natural process is to, crawl, then walk,
and then to run. When I was much younger I
used to run everywhere.

My Mother used to tell me to stop running or else I would bump into someone. It often happened but I would just keep running.

The Christian life is like a race.
We must keep running, running for God.
Time is short.
The night is
coming when we can
no longer work.





God has given us only one life.
Use your life for God. Often it is good to walk at a steady pace.
But when opportunity arises,
RUN for God.

If you really love the Lord Jesus, and want to tell more people what He has done for you then it is good to run for God. God has given you health and strength, so use it for Him.

This is a wonderful gift, don't take it for granted. Life is like a big race. You cannot win a running race by walking. Run the race, run well and run for God. Serve

Him will ALL your energy.

## RIN FOR GOD



When I was a boy I entered many running competitions. My Dad would often come to them. He would stand at the finish line and cheer me on. He was often my motivation for running, running hard and often the first to cross the winning line. I won because I wanted to please my father.

My motivation to run the Christian race is more important than my earthly father. I want to do what pleases my Heavenly Father.

"Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross..."

Hebrews 12:2.

Whenever I think of what Jesus has done for me, then the least I can do is run for Him.

## Prayer:

Dear Lord, help me to run for you.

Everywhere I go and in everything I do, help me to do it for you. Even when I get tired give me the strength to keep going on, in the Christian life.

Amen



Colin Tinsley www.hopeforyouthministries.org **A tract for Christian Children**